



## SIES COLLEGE PAST STUDENTS' ASSOCIATION

{Registered under the Societies Act, 1860-BOM-422/77.

Registered under the Bombay Public Trust Act. 1950-F-4644(Bombay)}

C/o SIES College of Arts, Science and Commerce

Sion (West), Mumbai -400022. Email: [siesases.psa@gmail.com](mailto:siesases.psa@gmail.com).

SIES College Past Students' Association as a mission fosters a spirit of adherence towards one's alma mater amidst the present student populace as well as its alumni and to promote the general welfare of the College. We seek to provide social and professional networking opportunities, facilitate, and strengthen the ties between alumni, their alma mater, and the community.

The association have been continuously supporting the institute in various welfare activities during the academic year 2022-23 such as:

- Donated set of computers and printer to Prajnya Vision Centre on 31<sup>st</sup> January 2023.
- Donated and mounted 6 Fans in the college canteen on 23<sup>rd</sup> December 2022.
- Organised a lecture series along with the Department of Biotechnology in memory of Late Dr. Rajalakshmi Amudan on 21<sup>st</sup> December 2022 by Dr Rucha K Patil. Scientist, Department of Haemostasis and ICMR- National Institute of Thrombosis, Immunohaematology and Dr Laxmi Iyer. Scientific Writer and Senior Executive, Corporate Communication, SERI, Singapore
- Conducted an Inter-collegiate Paper Presentation Competition in collaboration with the Department of Philosophy on 30<sup>th</sup> November 2022.
- Conducted a Blood Donation Drive at Dadar Station and in the College premise in association with SIES NSS Unit as an extension activity on 1<sup>st</sup> October 2022.
- Financially supported the needy students of the college in paying Admission Fees on 10<sup>th</sup> September, 2022.
- Organised Dance with Yoga session in association with the Department of Philosophy, NSS Unit and NCC Unit. The event was led by Ms. Eshita P. Shah, Yoga practitioner to commemorate International Yoga Day on 21<sup>st</sup> June 2022.

We aim at generating funds to facelift Classrooms and carry out extension activities by involving illustrious alumni in delivering lectures, conducting professional development training & fostering academia-industrial collaborative events.

Dr. Kamala Srinivas  
PSA Secretary

*SIES Past Students' Association report 2022-23*



Principal  
SIES College of Arts, Science & Commerce (Autonomous)  
Sion (West), Mumbai - 400 022.

## Reports

**Title:** Donation of computers and printer to Prajnaya Vision Centre, and Fans in the canteen

**Objective:** To donate a set of computers and printers to Prajnaya Vision Centre

**Day & Date:** 31<sup>st</sup> January 2023

**Time:** 10:00 am

**Venue:** Prajnaya Vision Centre, Library, SIES College of Arts, Science and Commerce

**Beneficiaries:** Visually Challenged students



**Installation of computers and printer to Prajnaya Vision Centre by SIES PSA Managing Council Member and Mr. Vinod Menon, Vice Principal**



**Fans Installed in the college canteen, donated by SIES PSA**

*Kamala*

Dr. Kamala Srinivas

*SIES Past Students' Association report 2022-23*



*Ana*  
Principal  
SIES College of Arts, Science &  
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Sion (West), Mumbai - 400 022.

**Title:** Dr. Rajalakshmi Amudan Lecture Series 2022-23

**Objectives:** The main aim of this lecture series is to introduce participants to the:

1. Career in Research with special focus on Haemophilia - the disease, genetics, diagnosis and counselling
2. Career in Scientific writing
3. Procedures & criteria before applying in foreign universities
4. Concept of Biotechnology through scientific exhibition

**Venue:** Mini-auditorium, Ground Floor & Biotechnology UG/PG Laboratory, Fourth Floor

**Details of Sessions:** The session was held on 21st Dec, 2022 from 9.30 am to 3.30 pm

**Beneficiaries:** 120 Under-graduate, Post-graduate students and Alumni

**Session and names of Resource Persons:**

1. Dr. Rucha K Patil
2. Dr. Laxmi Iyer
3. Ms. Rashmi Konar, Director, International Office, Leverage Edu
4. Scientific Exhibition by Biotechnology Students

**Outcome:** The feedback of participants stated that they found the lectures to be very helpful and informative. The exhibition was stated to be exciting and well-presented.



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Details of Resource person:

1. Dr. Rucha K Patil is currently working as Scientist C, Department of Haemostasis and Thrombosis, ICMR-NIIH, ICMR Ministry of Health and Family Welfare, Government of India, Mumbai. Her expertise lies in the area of haemostasis and thrombosis and cell derived microparticles. She completed her PhD in Applied Biology from ICMR-NIIH, University of Mumbai. She is a recipient of INSA Young Scientist Award in the year 2017. She has more than 35 publications in peer-reviewed journals.

2. Dr. Laxmi Iyer presently works as a Scientific Writer and Senior Executive, Corporate Communications, Singapore Eye Research Institute (SERI), Singapore. She is a PhD holder in virology from Nanyang Technological University, Singapore. She is co-founder of a media company Biotech Media Pvt Ltd, Singapore and ran a website [www.biotechniasia.com](http://www.biotechniasia.com) for 7 years as Managing Editor. She has several publications in journals of national and international repute.


3. Ms. Rashmi Konar, Director, International Office, Leverage Edu, an expert on diverse procedures of getting into foreign universities in the USA, UK, Canada, Australia and Europe.

4. Scientific Exhibition by Biotechnology Students on topics including food adulteration, Animal Tissue Culture, Plant Tissue Culture, Phagocytosis, Ouchterlony, Electrophoresis, Giant chromosome, Bioluminescence, Western Blotting, TLC, PCR, Sucrose Density Gradient, DNA isolation and NGS.



*Shivan*  
Principal  
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Sion (West), Mumbai - 400 022.


Annexure I:


**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)**  
**SION (WEST)**  
**DEPARTMENT OF BIOTECHNOLOGY**  
**ATTENDANCE SHEET**

**TITLE:** Dr. Rajalakshmi Amudan Lecture Series 2022-23  
**VENUE:** Mini Auditorium, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion (W)  
**DATE & TIME:** 21st Dec, 2022 (9.45 AM)  
**SPEAKER:** Dr. Rucha K Patil and Dr. Laxmi Iyer  
**ORGANISED BY:** Department of Biotechnology, SIES College and SIES College PSA

Sr. No.	Class	College / Department / Affiliation	Name	Signature
1	SYBT	BT	Hritvik. Rai	
2	SYBT	BT	Aneesh Garud	
3	SYBT	BT	Rakshanda. M	
4	SYBT	BT	Shreshtha. S	
5	SYBT	BT	Suraj. M	
6	FYBT	BT	Ann. M	
7.	FYBT	BT	Anmol Gurnant Mahajan	
8.	FVBSC	BT	Oshini Nitraware	
9.	FVBSC	BT	Yashraj Nimankar	
10.	FVBSC	BT	Varsha Kurdia	
11.	FVBSC	BT	Lohit Baburaj	
12	MSC-I	BT	Meenakshi Nair	
13.	MSC-I	BT	Jyothika Murugan	
14.	MSC I	BT	Riya Mariam Shiroo	
15	MSC I	BT	Tejal Anuradha Dume	
16	MSC-I	BT	Rishikesu Kasu	
17	MSC-I	BT	Siddhanta M	



  
**Principal**  
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18	MSc I	BT	Ali Ahmed Sheikh	Rouka
19	MSc I	BT	Audith Meera Boukar	Vish
20	MSc I	BT	Yash Sawant	Ahiana
21	MSc I	BT	Dervice Fernandes	Bela
22	SYBT	BT	Banupriya S. Tyer	Shreelika
23	MSc I	GT	Niveditha Narayanan	Ashish
24	MSc I	EV5	Talhan Amalul	Amit
25	SYBT	BT	Suvarnavo Pulit	Wishu
26	SYBT	BT	Miral Chondaria	Polite
27	SYBT	BT	Polite Pam	Anaa
28	TYBT-293	BT	Sanaa Sayed	Krishna Polite
29	TYBT-19	BT	Krishna Polite	Yash
30	TYBT-12	BT	Yusra Khan	AU
31	FYBT	BT	Anushe Gafeli	BT
32	FYBT	BT	Shruti Tiwari	Teja
33	FYBT	BT	Zeal Shah	Shyam
34	SYBT	BT	Gopika PP Bijomon	BT
35	SYBT	BT	Devika Rajeevan	BT
36	SYBT	BT	Mahitha Maui	BT
37	SYBT	BT	Shruti Sagare	SV Sakre
38	FYBT	BT	GIZELLE SANCHEZ	BT
39	FYBT	BT	THEJASREE RAMSANKAR	BT
40	SYBT	BT	Ashish Acharya	Ashish
41	TYBT	BT	Manisha Samj	Manj
42	TYBT	BT	Syed Mahwash Fatima	Fatima
43	TYBT	BT	Vaishnavi Mohalingam	Vaishnavi
44	FYBT	BT	shruti Chauhan	BT
45	FYBT	BT	Trisha Shilke	Trif
46	FYBT	BT	KADHI CHOCHAD	KADHI
47	FY SYBT	BT	Anya Sarawane	Anya



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48	FYBT	BT	SHREYA S. GUPTA	Shreya
49	FYBT	BT	Indasi	Indasi
50	FY	BT	Harman	Harman
51	FY	BT	Rijya	Rijya
52	SVBT	BT	Jasvika Shetty	Jasvika
53	SVBT	BT	Alba	Alba
54	SVBT	BT	Medha Jeyu	Medha
55	SVBT	BT	Ashika Acharya	Ashika
56	SVBT	BT	Ananya Prasad	Ananya
57	SVBT	BT	Ashwin Lakshmanan	Ashwin
58	SVBT	BT	Esha Prasad	Esha
59	SVBT	BT	Durga Mohit Adella	Durga
60	SVBT	BT	Komal Yelaram	Komal
61	SVBT	BT	Gyru D'Souza	Gyru
62	SVBT	BT	? Jinal Shethia	Jinal
63	SVBT	BT	Sonakuti Kokate	Sonakuti
64	SVBT	BT	Sankar Shetty	Sankar
65	TYBT	BT	Gauri Jage	Gauri
66	TYBT	BT	Divya Zope	Divya
67	TYBT	BT	Tisha Puthran	Tisha
68	TYBT	BT	Shruti Parmar	Shruti
69	TYBT	BT	Daksh Ghorat	Daksh
70	TYBT	BT	Bhavl Mashru	Bhavl
80	TYBT	BT	Mamta Patel	Mamta
81	TYBT	BT	Alia Joshi	Alia
92	TYBT	BT	RAHIL ANSARI	Rahil
93	TYBT	BT	Abhishek Elanga	Abhishek
84	FYBT	BT	Vinay S. Phadkar	Vinay
85	FYBT	BT	Parameshwar Tiwar	Parameshwar
86	FYBT	BT	Divya P. Lambhate	Divya P.

SIES Past Students' Association report 2022-23



*Sua*  
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SIES College of Arts, Science & 11  
Commerce (Autonomous)  
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87	TYBSc	BT	Aruna Jena	11/11
88	TYBSc	BT	Meha Nair	11/11
89	TYBSc	BT	Nayana Karkare	11/11
90	TYBSc	BT	Ujjwal Choudhary	11/11
91	TYBSc	BT	Neha Ganpat	11/11
92	TYBSc	BT	Manika Sawant	11/11
93	TYBSc	BT	Pooja Jha	11/11
94	TYBSc	BT	Aditi Rao	11/11
95	TYBSc	BT	Jasna Chavhan	11/11
96	TYBSc	BT	Shandila Gherade	11/11
97	TYBSc	BT	Amisha Bhalke	11/11
98	TYBSc	Zoology	Tohna Jodhi	11/11
99	TYBSc	Zoology	Arijali Nadar	11/11
100	-	zoology	Ranga lyeri	11/11
101	-	zoology	Ujjwal S. Shetty	11/11
102	-	zoology	Prachi Kulkarni	11/11
103	-	zoology	Shikha Gokarnkar	11/11
104	Alumni	BT	Rangaraj Kanare	11/11
105	Alumni	BT	Prachi C. Shetty	11/11
106	Alumni	BT	Vignesh K. Mudlipati	11/11
107	Msc BT	BT	Abhi Rajput	11/11
108	Msc BT	BT	Ujjwal Choudhary	11/11
109	Alumni	BT	Shilpa Sinadar	11/11
110	Msc BT	BT	Sakshi Mishra	11/11
111	Msc BT-I	BT	Sanya Rao	11/11
112	PhD BT	BT	Aditya Shetty	11/11
113	TYBSc	BT	Ujjwal Shetty	11/11
114	TYBSc	BT	Poojika Kulkarni	11/11
115	TYBSc	BT	Khushi Kulkarni	11/11
116	TYBSc (BT)	BT	Ujjwal S. Shetty	11/11

117	Msc BT	BT	Chandana Choudhary	11/11
118	Msc BT	BT	Ujjwal Choudhary	11/11
119	Msc BT	BT	Tanvisha T. Mandale	11/11
120	Msc BT	BT	Poojika Kulkarni	11/11



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**Annexure II: Photographs**

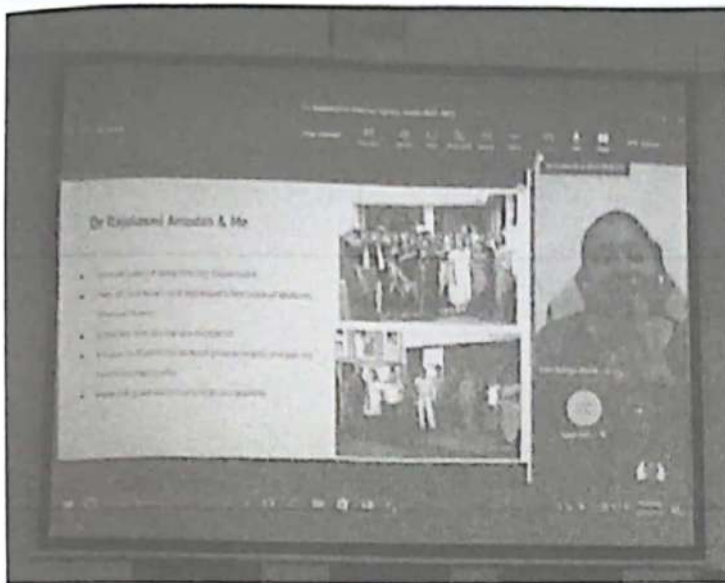


**Inaugural session and invited speaker's talk**

*SIES Past Students ' Association report 2022-23*



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**Exhibition in the Biotechnology Laboratory**

*Kamala*

**Dr. Kamala Srinivas  
PSA Secretary**



*Princip*

**Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
Slon (West), Mumbai - 400 022.**



**Title of the Workshop/Activity: Inter- Collegiate Paper Presentation Competition**

Background: To provide for a platform to the students to speak their views and perspectives.

Aim/Objective: Providing for a space that helps students engage with wide aspects of life.

Location: SIES College Auditorium, Sion (W)

Resource person : Department of Philosophy

Target Audience/Participants with expected number: Students across various colleges. 40

Date of the Event: 30th November, 2022


Outcome: The audience as well as the judges gained new perspectives, visions, and ideas making the main motive of the event successful.

Funding if any: **SIES Past Students' Association**

**Details of the event:**

The Inter-Collegiate Paper Presentation Competition consisted of four sub-themes under the Main theme of "Meaningfulness in Life from an Asian Philosophical Perspective", namely, 'Knowing Thyself, The Greatest Treasure in One's Life, "The Power of Holistic thinking' and, 'Understanding the Other's Mind'. There were a total number of 13 participants present on the day. The event proceeded with only seven participants being called on the stage initially and presenting their respective paper. These included papers on Buddhism, Bhagavad Gita, Japanese philosophy on Ikigai and Chinese philosophy of Taoism. Each participant had a unique take in their paper that gave the audience an outlook to new perspectives and ideas.



  
Principal  
SIES College of Arts, Science &  
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Sion (West), Mumbai - 400 022.



**Event Flyer:**



SIES College of Arts, Science & Commerce (Autonomous)  
Sion (W), Mumbai- 400022

Tattvam Philosophy Association  
**Presents**

Inter-collegiate Paper  
Presentation Competition

To commemorate  
**"WORLD PHILOSOPHY DAY"**

Theme: Meaningfulness in life from an  
Asian Philosophical perspective

- Abstract Submission Date: 18th November 2022
- Event Date: 30th of November 2022
- Venue: SIES College Auditorium, Sion (W)

**Annexure II:**

*Intercollegiate Paper Presentation Competition for Students (Participant Attendance)*

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
SION (WEST), MUMBAI - 400 022 (Autonomous)

ATTENDANCE SHEET

Date: \_\_\_\_\_ Day: \_\_\_\_\_ Subject: \_\_\_\_\_

Sl. No.	Signature	Roll No.	Signature	Roll No.	Signature
1	[Signature]	34		37	
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6	[Signature]	39		42	
7	[Signature]	40		43	
8	[Signature]	41		44	
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*Inter-collegiate Paper Presentation Competition for Students (Participant Attendance)*

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
SION (WEST), MUMBAI - 400 022 (Autonomous)

ATTENDANCE SHEET

Date: \_\_\_\_\_ Day: \_\_\_\_\_ Subject: \_\_\_\_\_

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SIES Past Students ' Association report 2022-23

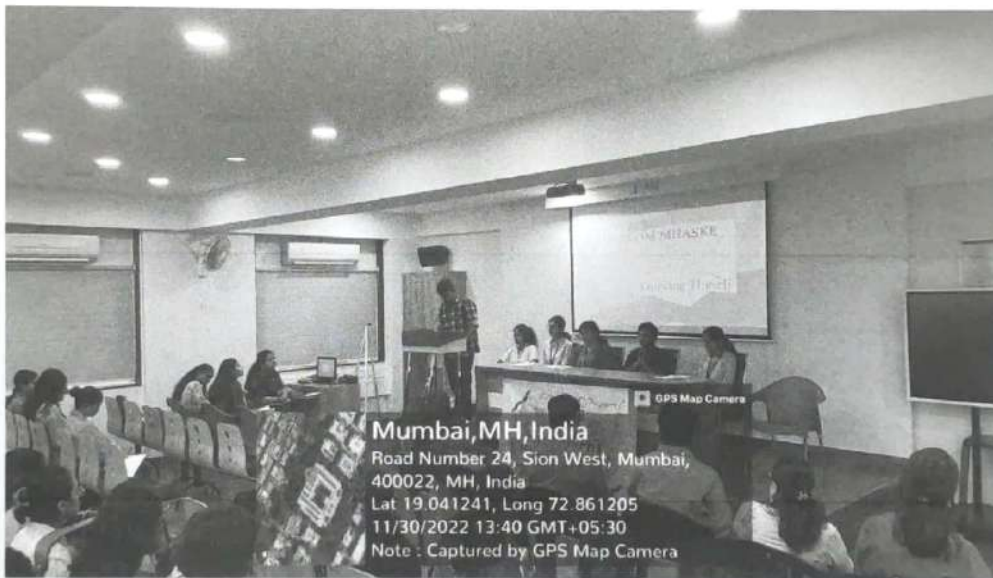


*Signature*  
Principal  
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Sion (West), Mumbai - 400 022.

Annexure III: Photographs



Principal and Head of Department of Philosophy, Dr. Uma Shankar, Dr. Kamala Srinivas and Chairperson of Tattvam Philosophy Association, Prof. Vrushali Gupte, and Prof. Neerja Israni along with External Judges Dr. Sudhindra Maganahalli, and, Mr. Saurabh Rajputh



*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Uma*  
Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
Sion (West), Mumbai - 400 022.

~~SIES~~ Secretary,

**Title:** Blood Donation Drive at Dadar Station and in the College premise in association with SIES NSS Unit as an extension activity

**Objective:** To organize a blood donation drive at Dadar station and in the college premise in association with SIES NSS Unit as an extension activity

**Day & Date:** 1<sup>st</sup> October 2022

**Time:** 10:00 am

**Venue:** Dadar station and SIES College of Arts, Science and Commerce



*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Principal*  
Principal  
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Slon (West), Mumbai - 400 022.



**Title of the Workshop/Activity:** International Yoga Day -Dance with Yoga

**Background:** Generating an awareness about yoga and its various benefits. To make International Yoga Day a more accessible event for all.

**Aims/Objectives:** To incorporate yoga along with dance and show fluidity of movement

**Location:** Gymkhana & Quadrangle, SIES College of Arts, Science & Commerce (Autonomous)

**Target audience/participants with expected number:** Degree college students = 50

**Date of the activity:** 21st June, 2022, Wednesday

**Name of Resource Person:** Ms. Eshita Shah

**Outcome:**

- *Dance with Yoga* - workshop was held to help students reduce anxiety levels, increase body awareness, build flexibility, and stabilise physical health.
- Since dancing poses extremely unique demands on one's body, a special yoga routine can help take care of all our recovery needs was the motto of this workshop.

**Funding if any:** SIES PSA, NSS

**Report:**

The Tattvam Philosophy Association, jointly with the SIES Past Students' Association, NCC and NSS units, organized a workshop '*Dance with Yoga*' on theme being 'Yoga for Humanity' to commemorate the International Yoga Day on 21st June, 2022.

The program began with greetings and welcome by Ms. Vrushali Gupte, Chairperson, Tattvam Association, proceeded by the lighting of the lamp at the hands of dignitaries -Dr. Uma Maheswari Shankar, Principal & Head, Department of Philosophy, Vice Principal Rashmi Bhure, Mr. K. Vishwanathan, President, SIES Past student's Association. Dr. Uma Shankar addressed the audience and spoke about the significance of Yoga and Yoga Divas. Ms. Eshita Shah the resource person for the workshop and Dr. D.K. Pawar, NCC Program officer, SIES, introduced the resource person. Ms. Eshita then presented a brief talk on Yoga asanas and their relevance, especially in the post pandemic times. She gave her performance of Nrutya Yoga- a compilation of different yoga postures like Chandrasana, Vrikshasana etc in a dance format and later made the participants do the same.

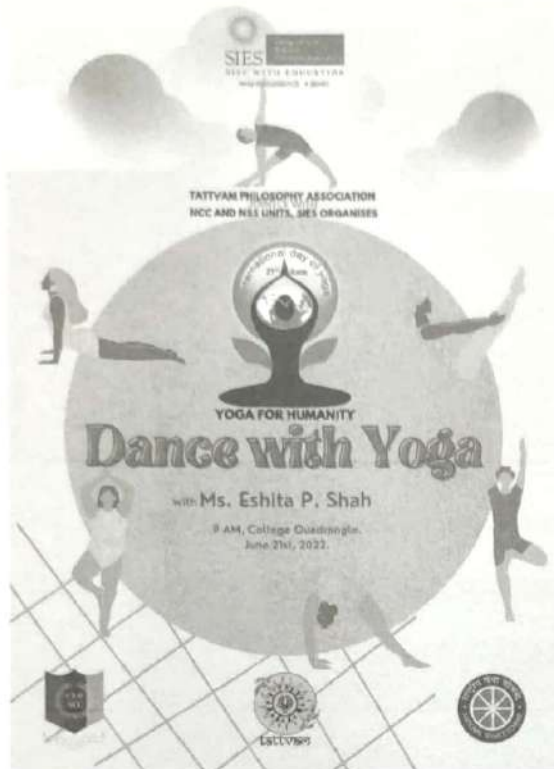
Mr. Krishnan, Joint Program Officer NSS unit, SIES, presented the formal vote of thanks. The entire program was covered and documented in the press, thereby making it a grand success.

*SIES Past Students ' Association report 2022-23*



*Shiva*  
Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
Sion (West), Mumbai - 400 022,

**Event Flyer:**



**Annexure 1: Attendance Sheet**

U. INTERNATIONAL YOGA DAY  
**DANCE WITH YOGA**  
 SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
 9 AM, College Quadringin, June 21st, 2022  
 ATTENDANCE SHEET

Sl. No.	Name	Roll No.	Signature	Roll No.	Signature
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*[Signature]*  
 Principal  
 SIES College of Arts, Science &  
 Commerce (Autonomous)  
 Bion (West), Mumbai - 400 022.

Annexure 2: Photos of the event



Participants practising an Asana in the Gymkhana and Quadrangle



Students and Staff members 'along with the organizing bodies SIES PSA, NCC & NSS

*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Shivan*

Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
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